

## Day Three, Ascending from Fear

Where are you on the vibrational scale? 0-10 when you think of your book. ....

Love & Fear and writing:

When I'm in the vibration of fear my thoughts about writing are:

When I'm in the vibration of love my thoughts about writing are:

- Don't use writers block as a reason not to write.
- Raise your vibration but don't get caught up on an endless quest to heal your blocks when you just need to sit down and write.



